

## Three Sister Salad with Raspberry Vinaigrette

|        |                                |
|--------|--------------------------------|
| 1 head | leaf lettuce, washed and torn  |
| 2 tbsp | corn, fresh or frozen (thawed) |
| 2 tbsp | kidney beans, drained & rinsed |
| ½      | zucchini, cut into matchsticks |

### **Vinaigrette:**

|        |                          |
|--------|--------------------------|
| ½ cup  | low fat Italian dressing |
| 2 tbsp | sugar free raspberry jam |

- Prepare dressing; whisk together Italian dressing and raspberry jam.
- Wash and tear lettuce.
- Arrange lettuce on 4 plates; sprinkle each portion with corn, kidney beans and zucchini.
- Drizzle dressing over salad. Makes 4 servings.